MINYIP TOWN PROFILE 2024

Minyip was first established in 1872. Located in the Yarriambiack Shire it is 31.3kms from Warracknabeal and 53kms from Horsham. Its name comes from the Traditional Language word for 'ashes' or 'camping place'.

Minvip sits in close proximity to the larger centre of Warracknabeal, which provides most key shopping and services. It may be familiar to many Australians as the home of the `Flying Doctors' television series in the late 1980s and early 1990s. This is still a source of pride for Minyip and influences the streetscape. Agriculture, especially grain production, is the dominant influence in Minyip. Like many smaller rural communities, Minyip's main street has many closed shops or commercial buildings converted to residential use. It sits on the intersection of busy arterial roads and also benefits to some degree from the Silo Art trail traffic.

WWHS IN MINYIP

Facilities: Community Health Centre

Services:

- Community Nursing
- Diabetes Education
- Dietetics
- Exercise Groups
- Health Education & Promotion
- Occupational Therapy
- Packaged Care
- Physiotherapy
- Podiatry
- Social Work
- Speech Therapy
- Social Support Group

MINYIP IS KNOWN FOR:

Being the "Heart of the Wheat Belt", St Johns Lutheran Church and filming location of TV series "The Flying Doctors".

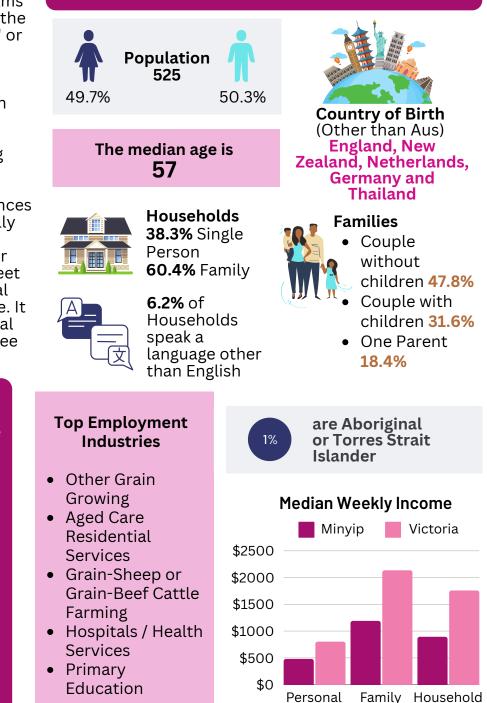
We acknowledge that Minyip is located on the Traditional Lands of the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagulk people, and pay our respects to their elders past, present and emerging.





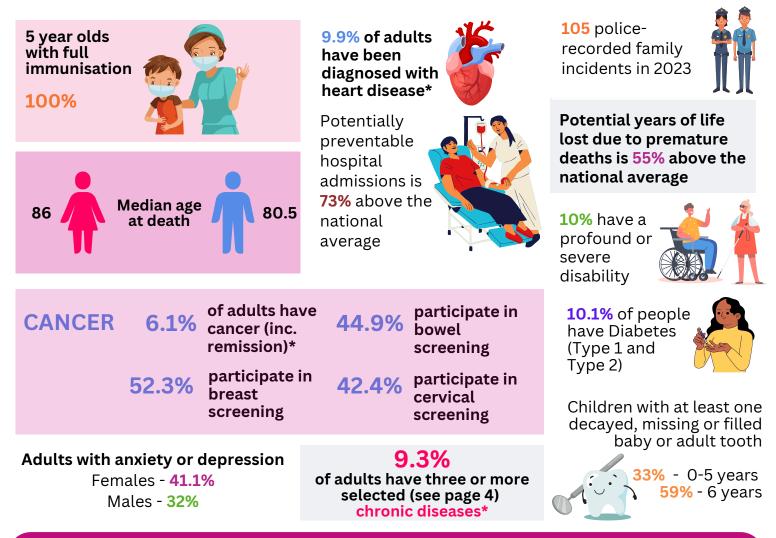


WHO IS MINYIP?



HOW HEALTHY IS MINYIP'S LGA (YARRIAMBIACK SHIRE)?

Traditionally, health has been measured in rates of illness and disease. When people experience these it can have a larger impact on other aspects of their lives and on society. This is known as the burden of disease. There are systems of reporting that can give high-level information about the burden of disease to **local government or post-code areas**. These include the following sources: ABS Census, PHIDU Social Health Atlas of Australia, VAHI Victorian Population Health Survey, Dental Health Services Victoria Oral Health Profiles and data from the Crime Statistics Agency.



In the Yarriambiack Shire:

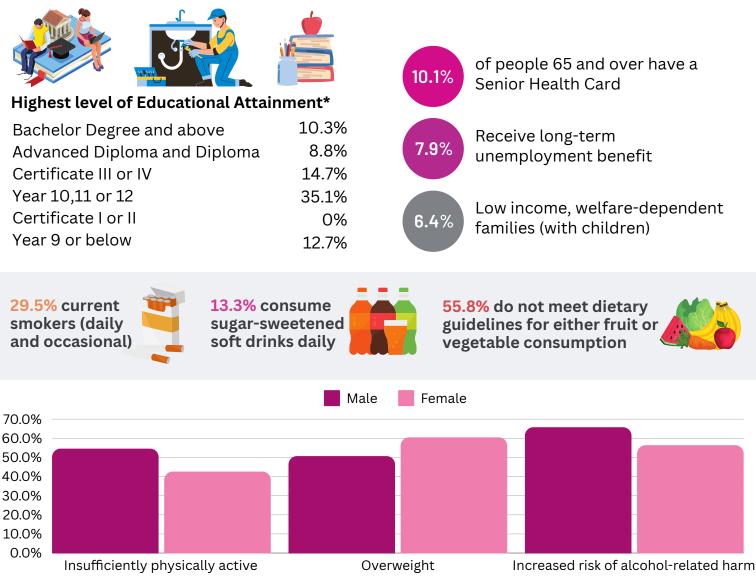
- People have similar rates as the state in cancer screening participation
- The rate of females having anxiety or depression is higher than males, which is the same as the state
- The proportion of males and females having anxiety or depression is higher in Yarriambiack compared to the state
- Hospital admissions for preventable conditions is similar to the Australian average
- Police-recorded family incidents is similar to the state rate
- Children with tooth decay at public services is slightly higher than the state

This comparison highlights the areas most in need of improvement for Yarriambiack. Some things that could be done to help in these areas are:

- More mental health services
- Increased education on oral hygiene

WELLBEING IN MINYIP'S LGA (YARRIAMBIACK SHIRE)

Wellbeing is derived from far more than physical health. Other factors – the social determinants of health – also impact on both physical and mental wellbeing. Once again, national and state-wide data can give us a high level picture of wellbeing in Minyip.



Key differences in the Yarriambiack Shire Local Government Area compared to state averages are:

- The proportion of current smokers is almost double the Victorian average
- Higher proportion of males who are insufficiently active
- Higher proportion of females who are overweight

While this data is collected at the Local Government Area level, when considered in the context of Minyip's demographics, some key influencing factors are:

- There is a significant proportion of older adults who may have mobility issues or limited ability to participate in physical activity
- Most people work in the farming industry (especially grain farming) which due to the increase of machinery use has led to farmers being less active in their daily work
- Lower median income which can affect people's ability to access resources to support health and wellbeing, and can contribute to higher rates of unhealthy behaviours such as smoking
- Higher proportion of people who live alone

This is the second edition of Minyip's Health and Wellbeing Profile. For this, and future versions we are providing some key outcomes of our 5 Top Things survey. This specific local survey will be Minyip's opportunity to identify what matters most about health and wellbeing to the people who live here.

WHAT DOES MINYIP THINK?

This page shows some, but not all, the findings of the 5 Top Things Survey in Minyip.



MINYIP RATES THE IMPORTANCE OF ORAL HEALTH OUT OF 10 AS:



People in Minyip told us when they need help with their health, they go to places like the Minyip Health Centre or the doctor in Warracknabeal. **BUT**... they also value being proactive in looking after their own health and wellbeing.

People in Minyip were most concerned about the following in their community:

Substance and drug use	No doctor
Diabetes	Public transport

MINYIP, THEY THINK:

PRIORITIES FOR MINYIP

The regional health promotion priorities for the Wimmera and Southern Mallee are:

- Healthy Eating
- Active Living
- Social Connection
- Reduction of Harm from Tobacco and Alcohol

Foundational activities for the WWHS Health Promotion team include:

- Café Health
- WWHS Community Health & Wellbeing grants projects:
 - Mini Silo Art Walking Track

People in Minyip have come up with some ideas to tackle their main concerns. These ideas could be addressed by the community, service providers, or advocated for:

- Increase people's ability and motivation to look after their health.
- Increase police presence.
- Governmental laws banning smoking and vaping.
- Increase the number of doctors and their availability.
- Provide education on health and wellbeing, including topics of smoking/vaping and Domestic violence.
- Increase access to and use of mental health specialists.
- Support the mine and its workers, creating opportunities for the town.
- Improve public transport.
- Improve public spaces.

The things people in Minyip told us in the 5 Top Things Survey about their town help us to plan how best to support Minyip.