

# KANIVA TOWN PROFILE 2024



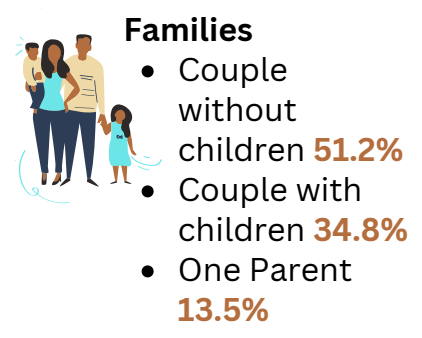
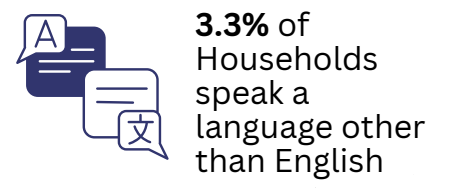
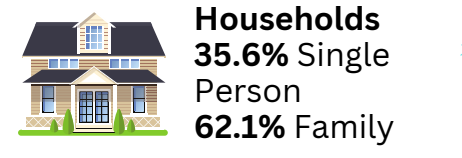
Kaniva was originally Tattyara which was recognised as a town in 1851. Tattyara was named after the Tyatyalla peoples who lived in the district. Renamed Kaniva in 1882, however the name's origin is unknown. Located 44.6kms from Bordertown and 82kms from Edenhope.

Kaniva's busy and prosperous main street has a diverse range of businesses, sporting and education facilities and services. Close to the South Australian border, Kaniva services a large agricultural district with some diversified cropping (including olive plantations near the Big Desert to the north) and reliable agrarian seasonal conditions. Sporting and social life is vibrant. Kaniva shares administrative facilities for the West Wimmera Shire Council with Edenhope to the South of the Little Desert. Recent state border closures during the Covid-19 pandemic greatly affected Kaniva's highway trade and reciprocal community life with Bordertown and districts in South Australia.

## WHO IS KANIVA?



**The median age is 51**



### WWHS IN KANIVA

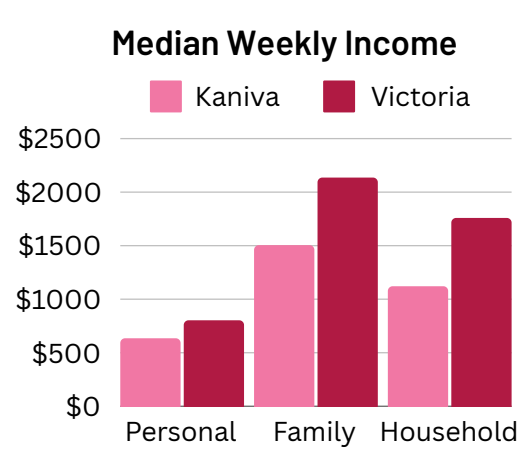
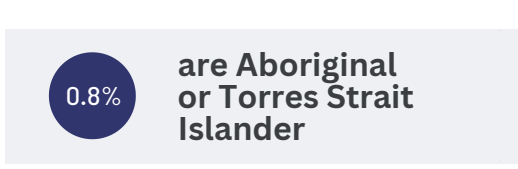
**Facilities:** Residential Aged Care

**Services:**

- Community Nursing
- Diabetes Education
- Dietetics
- Exercise Groups
- Health Education & Promotion
- Occupational Therapy
- Packaged Care
- Physiotherapy
- Podiatry
- Social Work
- Speech Therapy
- Social Support group

### Top Employment Industries

- Grain-Sheep or Grain-Beef Cattle Farming
- Hospitals / Health Services
- Other Grain Growing
- Combined Primary and Secondary Education
- Local Government Administration



**KANIVA IS KNOWN FOR:** Community owned petrol station, painted sheep, cattle, grain, sheep, birth place of Marcus Wills, Lercy Leason, Alastair Clarkson and Roger Merrett.



We acknowledge that Kaniva is located on the Traditional Lands of the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagulk people, and pay our respects to their elders past, present and emerging.



# HOW HEALTHY IS KANIVA'S LGA (WEST WIMMERA SHIRE)?

Traditionally, health has been measured in rates of illness and disease. When people experience these it can have a larger impact on other aspects of their lives and on society. This is known as the burden of disease. There are systems of reporting that can give high-level information about the burden of disease to **local government or post-code areas**. These include the following sources: ABS Census, PHIDU Social Health Atlas of Australia, VAHI Victorian Population Health Survey, Dental Health Services Victoria Oral Health Profiles and data from the Crime Statistics Agency.

**5 year olds with full immunisation**

**100%**



**6.4% of adults have been diagnosed with heart disease\***



**39** police-recorded family incidents in 2023



**Potential years of life lost due to premature deaths is 6% below the national average**

Potentially preventable hospitalisations is **83%** above the national average



**7.4%** have a profound or severe disability



**86**



**Median age at death**



**77.5**

**CANCER**

**4.3%**

of adults have cancer (inc. remission)\*

**44.0%**

participate in bowel screening

**7.4%** of people have Diabetes (Type 1 and Type 2)\*



**56.6%**

participate in breast screening

**40.1%**

participate in cervical screening

Children with at least one decayed, missing or filled baby or adult tooth

**Adults with anxiety or depression**

Females - **35.1%**

Males - **21.1%**

**5.6%**

of adults have three or more selected (see page 4) **chronic diseases\***



**31%** - 0-5 years

In the West Wimmera Shire:

- Cancer screening participation rates are similar to the state for bowel cancer, however cervical cancer is slightly lower and breast cancer is higher than the state rates
- The proportion of people ever having anxiety or depression is similar to the state
- The rate of females having anxiety or depression is higher than males, which is the same as the state
- Hospital admissions for preventable conditions is much higher than the Australian average
- Police-recorded family incidents is almost half the state rate
- Children with tooth decay at public services is slightly higher than the state

The comparison highlights the areas most in need of improvement for West Wimmera Shire.

Some things that could be done to help in these areas are:

- More mental health services
- Increased education on oral hygiene

# WELLBEING IN KANIVA'S LGA (WEST WIMMERA SHIRE)

Wellbeing is derived from far more than physical health. Other factors – the social determinants of health – also impact on both physical and mental wellbeing. Once again, national and state-wide data can give us a high level picture of wellbeing in Kaniva.



## Highest level of Educational Attainment\*

Bachelor Degree and above	12.6%
Advanced Diploma and Diploma	7.5%
Certificate III or IV	20%
Year 10,11 or 12	36.9%
Certificate I or II	0%
Year 9 or below	11.9%

9.7% of people 65 and over have a Senior Health Card

5.8% Receive long-term unemployment benefit

3.9% Low income, welfare-dependent families (with children)

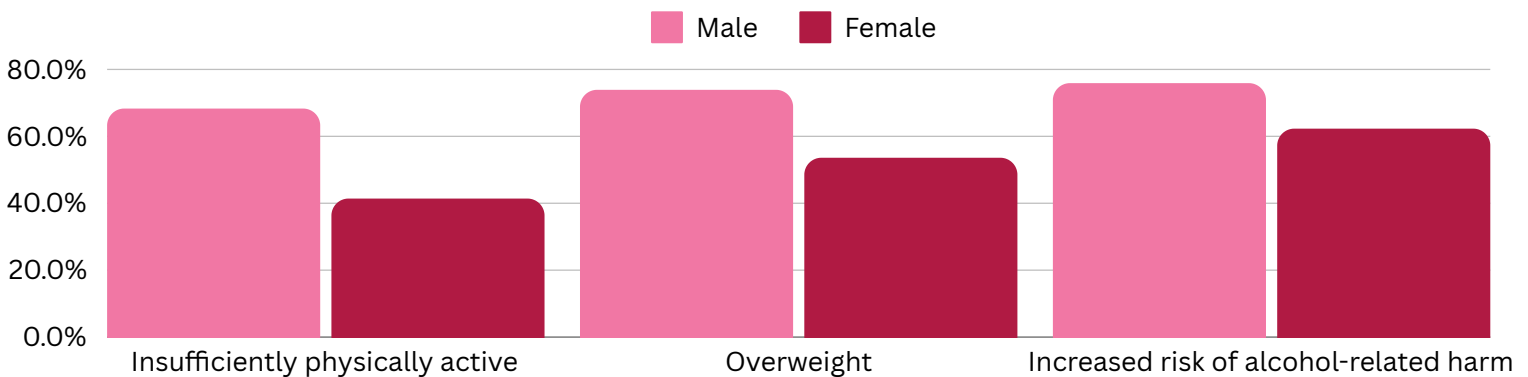
12.2% current smokers (daily and occasional)



8.7% consume sugar-sweetened soft drinks daily



52.9% do not meet dietary guidelines for either fruit or vegetable consumption



Key differences in the West Wimmera Local Government Area compared to state averages are:

- Higher proportion of females and males who are overweight
- Higher proportion of females and males who are at an increased risk of alcohol related harm, particularly females
- Males significantly less active, however females are similar to the rest of the state

While this data is collected at the Local Government Area level, when considered in the context of Kaniva's demographics, some key influencing factors are:

- There is a significant proportion of older adults who may have mobility issues or limited ability to participate in physical activity
- Most people work in the farming industry (especially grain farming) which due to the increase of machinery use has led to farmers being less active in their daily work
- Lower median income which can affect people's ability to access resources to support health and wellbeing, and can contribute to higher rates of unhealthy behaviours such as smoking
- Higher proportion of people who live alone

\*Data at town level not LGA



This is the second edition of Kaniva's Health and Wellbeing Profile. For this, and future versions we are providing some key outcomes of our 5 Top Things survey. This specific local survey will be Kaniva's opportunity to identify what matters most about health and wellbeing to the people who live here.

## WHAT DOES KANIVA THINK?

This page shows some, but not all, the findings of the 5 Top Things Survey in Kaniva.



### KANIVA RATES THE IMPORTANCE OF ORAL HEALTH OUT OF 10 AS:

7.89

People in Kaniva told us when they need help with their health, they go to the local doctor, health service and hospital or see an Allied health professional. **BUT...** they also go to the Neighbourhood House. However, surprisingly no one said family and friends who can also be great people to talk to for health and wellbeing.

## WHEN PEOPLE THINK KANIVA, THEY THINK:

### PRIORITIES FOR KANIVA

The regional health promotion priorities for the Wimmera and Southern Mallee are:

- Healthy Eating
- Active Living
- Social Connection
- Reduction of Harm from Tobacco and Alcohol

Foundational activities for the WWHS Health Promotion team include:

- Café Health
- WWHS Community Health & Wellbeing grants projects:
  - Kaniva Space for Me

People in Kaniva were most concerned about the following their community:

Mental health

Drug use

Cancer

Alcohol use

Ageing population

People in Kaniva have come up with some ideas to tackle their main concerns. These ideas could be addressed by the community, service providers, or advocated for:

- Enhance opportunities for young people to gain knowledge, engage, receive support, and connect socially.
- Increase opportunities for people to share their experiences, for greater understanding and education.
- Use education, awareness programs and social media campaigns to increase awareness of various issues.
- Advocate for increased levels of service provision.
- Investigate opportunities for more services to be free/low cost and family orientated.
- Increase support for people to increase healthy behaviours.
- Increase the availability of housing, jobs and pay in the area.
- Increase police presence.

The things people in Kaniva told us in the 5 Top Things Survey about their town help us to plan how best to support Kaniva.